

Job hunting and personal marketing

Where to start your Job search

One option is to use a Jobsite. A jobsite is a website that allows you to view live opportunities, upload your CV and apply for suitable opportunities using the internet. You can register for email and text alerts to new live vacancies that may be of interest.

Selected Jobsites http://www.indeed.co.uk https://www.gov.uk/find-a-job https://www.gumtree.com/jobs/uk/jobs+in++essex https://www.gov.uk/jobsearch http://www.jobsite.co.uk/ https://www.jobs.nhs.uk/xi/search_vacancy/ www.constructor.co.uk

The Caterer - local hospitality and catering roles

www.workingforessex.com – public sector jobs in Essex

Not all opportunities are advertised on the major jobsites, so it is advisable to also visit company websites directly.

These are relevant to the Basildon, Castlepoint and Rochford areas

Castlepoint Council Rochford Council Basildon council Whitbread Careers JD Wetherspoon Careers Adventure Island Southend KFC Careers Pizza Hut McDonald's Asda Tesco Sainsbury's Lidl Next Plc **Boots Plc** PC World/ Currys Yard and Groom (Horse care opportunities) East of England Co-op Nando's Aldi NHS Royal Mail Vacancies (incl. e.g. Christmas staff)

Uesful employability websites

www.getmyfirstjob.co.uk

Help, support and opportunities for young people finding their first job

www.essexopportunities.co.uk

Virtual One Stop Shop providing young people and adults with information and advice on careers, skills, training, and employment opportunities.

https://youth.essex.gov.uk/young-people/employment-education-and-training/ Essex Youth Service Created

Lisa Judge and Peter O'Loughlin

Check how long it will take to get there: There is nothing worse than arriving to an interview all sweaty because you've had to rush. Work out the route and how long it'll take to avoid any last-minute disasters!

Practice

Practice with a friend, family member or someone that you know: Get a friend or family member to put together a list of questions to ask you and then have a mock interview this will make the process more familiar.

Familiarise yourself with your CV / Application Form, as you are likely to be asked questions based on this information.

Presentation (on the day)

Attitude and body language are just as important as the answers you give.

Here are a few things to think about to ensure you present yourself in the best possible light:

A warm introduction

When you're introduced to the interviewer make eye contact, smile and extend a healthy handshake (dependent on Covid guidelines)

Body language

Lean in slightly towards the interviewer to show interest and avoid confrontational or defensive positions such as crossing your arms.

Eye contact

Maintaining eye contact with the interviewer shows confidence (even if you're nervous) and can help to build rapport.

Listen carefully

To ensure that you're providing the right information, listen carefully to each question and if you aren't quite sure what they're asking don't be afraid to ask for clarification. Don't rush in

Before answering each question give yourself a moment to think about your answer.

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